

BRACE BRACE

Sensory Synopsis: A Guide to Sights, Sounds and Emotional Triggers

This is a sensory synopsis for BRACE BRACE. It is intended to help those with sensory or communication requirements prepare for the experience of attending the performance. Our aim is to warn you of any moments with loud noises, flashes of light, sudden or surprising movements or heightened emotion.

Should you have any questions regarding any aspect of BRACE BRACE please email boxoffice@royalcourttheatre.com

KEY:



Where you see this symbol, we are alerting you to moments that might be **emotional**.



Where you see this symbol, we are alerting you to moments that might surprise or shock you, such as **sudden movements**.



Where you see this symbol, we are alerting you to **flashes of light or sudden/extreme lighting changes**.



Where you see this symbol, we are alerting you to **loud noises or changes in music/sound**.

WARNING: This document contains some information which may give away aspects of the plot.

BRACE BRACE contains:

- Depictions of a plane hijacking
- Depictions of graphic violence
- Use of fake blood
- Themes of post-traumatic stress
- Adult language and swearing
- Characters in states of high emotion and extreme tension
- Actors speaking loudly and shouting

We have attempted to highlight all the points at which these are present.



There is a ramp in the centre of the stage

There are small screens on the side of the stage that sometimes play f

The audience are sat on two sides of the stage facing each other

ACT ONE

SCENE ONE



RAY and SYLVIA enter.



The sound cuts off.



The actors sometimes speak directly to the audience.
You are not expected to respond.



The lights onstage turn warm in tone briefly and then back to cool.

The lights above the stage turn blue.



There are depictions of flirting in this scene.



The lights get brighter quickly.



SYLVIA pushes RAY playfully.



There is swearing in this scene.

There is poor mental health mentioned in this scene.



RAY lifts SYLVIA as she jumps in the air.

RAY and SYLVIA dance.

SCENE TWO



RAY and SYLVIA cuddle and sway.

RAY sits in the front row of the audience seats.
SYLVIA sits on his lap.



There is mention of fear of flying in this scene.



A round 06:41 a chime plays.



There is mention of death in this scene.



Sounds of a plane taking off.



Lights behind the audience slowly pulse.

SCENE THREE



SYLVIA describes having a feeling that something is not right.

There is mention of vomit in this scene.



A man walks up the ramp in the centre of the stage.



There is a crashing sound.



The screens on the wall flash.



RAY and SYLVIA describe a plane being hijacked.



We hear a recorded voice say “Mayday, breach, breach”.



There is a description of someone being choked in this scene.



The lights in the space get brighter.
They are warm in tone.



The light above the stage flickers and then turns off.



There are siren sounds.



The ceiling above the stage begins to slowly lower down on one side. It then stays at an angle parallel with the ramp.



The sound of a plane's engine turning off.



Around 10:39 the lights in the space get very bright. They are cool in tone.

The lights get dark again.



There is a mechanical whirring.



Lights flash. 10:50 – 11:28



We hear an airplane call bell chime.



SYLVIA balances on the edge of the stage as if she is about to fall. RAY grabs her hand.

RAY shouts for help.



SYLVIA falls.



At around 11:28 there is a blackout.

SCENE FOUR



The light above the stage flickers dimly.



SYLVIA crawls up the ramp in the centre of the stage.



There is mention of a dead body in this scene.



Lights on the edge of the ramp flash red.



An alarm whoops.



SYLVIA shouts and runs to the top of the ramp.



Lights flash from 12:35 – 13:25



SYLVIA fights with the man.



RAY joins the fight.



The engine sound gets louder and louder.



The lights go out.

SCENE FIVE



The light comes back on suddenly.

The light above the stage is colourful.



RAY and SYLVIA lay in the centre of the ramp.



There is mention of bleeding in this scene.



SYLVIA has a nosebleed.



RAY cries.



SYLVIA holds RAY and comforts him.



A champagne cork pops.



There is reference to post-traumatic stress in this scene.



The lights get brighter.
They are warm in tone.



RAY beats rhythmically on his chest.



There is mention of sex in this scene.



SYLVIA and RAY kiss.
RAY is on top of SYLVIA.



There is swearing in this scene.

SCENE SIX



A plane engine whirs to life then stops.



The lights change briefly in time with the sound.



There is discussion of hijacking in this scene.



There is mention of choking in this scene.

There is mention in self-medicating and alcohol in this scene.

RAY is annoyed that he is not being recognised for helping with the hijacking.



RAY shouts.



RAY and SYLVIA argue.



RAY and SYLVIA hugs.

SYLVIA walks away from the hug.

RAY falls to his knees.

SCENE SEVEN



There is mention of post-traumatic stress in this scene.

There is swearing in this scene.

Mention of crying in this scene.



The screens snap on.

SYLVIA stands in a spotlight at the top of the ramp.



INTERVIEWER is on the screens.



There is reference made to having a psychiatric episode in this scene.

SYLVIA is upset when she learns that the hijacker has been released.
She shouts.



The lights and screens turn off.

SCENE EIGHT



A light comes back on above SYLVIA.



There is a high-pitched tone.



SYLVIA moves slowly down the ramp.



The lights flicker and then flash 28:18 – 29:07



A whirring sound gets louder.



SYLVIA describes her fears.
She hits her chest and shouts.



Around 29:07 the lights go out.



SYLVIA gasps.

SCENE NINE



The lights turn back on quickly.



RAY is in front of SYLVIA.

SYLVIA is rushing around.
She is afraid.

SYLVIA and RAY embrace.



SYLVIA is angry that the hijacker was released.

There are mentions of alien invasion in this scene.



A buzzer goes once.



RAY and SYLVIA are afraid.



The buzzer goes three times.



There is swearing in this scene.

RAY leaves.



The lights get darker.



MAN enters.



SYLVIA is afraid.



The lights get brighter.



AL thanks RAY and SYLVIA for saving his daughter.

AL is going to be the claimant on a lawsuit against the airline.

There is mention of violence against women in this scene.



SYLVIA is frustrated with AL.
She swears at him.

AL leaves.



SYLVIA gets mad at RAY.



RAY sits in the front row of the audience.

SYLVIA leaves.

SCENE TEN



There is swearing in this scen

SYLVIA enters quickly.
She tells him that AI won the case against the airline.

SYLVIA lays on the ramp.



SYLVIA is upset.



RAY puts his arm around SYLVIA.

SCENE ELEVEN



There is mention of therapy in this scene.

RAY and SYLVIA argue.



RAY and SYLVIA walk to the top of the ramp.



The screens are on.



SYLVIA is afraid and paranoid.



SYLVIA goes to leave.
RAY grabs her.

RAY leaves via the top of the ramp.



There is a flight announcement.
We hear planes taking off.



SYLVIA calls out for RAY.



The screens turn off.



SYLVIA sits in the middle of the ramp and cries.

SCENE TWELVE



RAY enters from the opposite side of the stage to where he had left.



There is mention of crying in this scene.

There is swearing in this scene.



SAM enters from the bottom of the ramp.
SAM is played by the same actor who played MAN and AL.



SAM and SYLVIA shake hands and hug.

SAM grabs SYLVIA by the shoulders.
This surprises her.



The light above the stage becomes more pink in hue as they speak.



There is swearing in this scene.

There is mention of fear and death in this scene.

SAM asks to hug SYLVIA.
They hug awkwardly.

SAM shouts.



A high-pitched tone gets louder.



SYLVIA rushes around the stage trying to get away from SAM.

SAM leaves.

SCENE THIRTEEN



RAY enters.



SYLVIA yells.



There is description of torture in this scene.

There is mention of murder in this scene.

There is swearing in this scene.

RAY and SYLVIA argue.
They both shout.

There is mention of urinating in this scene.



RAY clambers to his knees in front of SYLVIA.

MAN enters from the bottom of the ramp.



An engine starts and gets louder.



The lights on the edge of the ramp turn red.



MAN and RAY fight.



Around 1:05:54 The lights flash and flicker.



SYLVIA runs to the top of the ramp.

SYLVIA shouts.

SYLVIA fights MAN.
She pulls out his eye.



There is blood in this scene.



The lights turn off quickly.
Black out.

CURTAIN CALL.
THE END.