

## 4.48 Sensory Synopsis

*A guide to the lights, sounds, and emotional content.*



Where you see this symbol, we are alerting you to moments that might be **emotional**.



Where you see this symbol, we are alerting you to **flashes of light** or **sudden/extreme lighting changes**.



When you see this symbol, we are alerting you to **loud noises** or **changes in music or sound**.

*WARNING: This document contains some information  
which may give away aspects of the plot.*

### **Content guidance referenced to on the Royal Court website for 4.48 Psychosis**

*The play contains strong language and explores issues of mental health, including but not limited to:*

- depression and clinical depression*
- isolation*
- dependency*
- suicide; attempted & death by suicide*
- psychosis*
- eating disorders and disordered eating behaviours*
- self-harm (references to cutting)*
- violence*
- death*
- sexual assault*
- physical assault*

*Harm is referenced in the play but **not physically depicted**.*

## **Opening Section**

**Approx. 0 – 25 minutes**



*References to isolation, depression and clinical depression, suicidal intentions, psychosis, self-harm (references to cutting), dependency, and disordered eating behaviors.*



*Loud noise in the form of raised voices/shouting occurs approx. 20 minutes in.*

## **Middle Section**

**Approx. 25 – 40 minutes**



*References to self-harm (references to cutting), psychosis, sexual and physical assault and references to death.*



*Flashing lights are 30 minutes into the show and last approximately 2 minutes.*



*Loud noise in the form of raised voices/shouting occurs approx. 35 minutes in.*

## **Final Section**

**Approx. 40 – 65 minutes**



*References to dependency and isolation, psychosis, suicidal intent, death by suicide.*



*Sudden loud noise of white noise / static occurs approx.. 50 minutes in.*